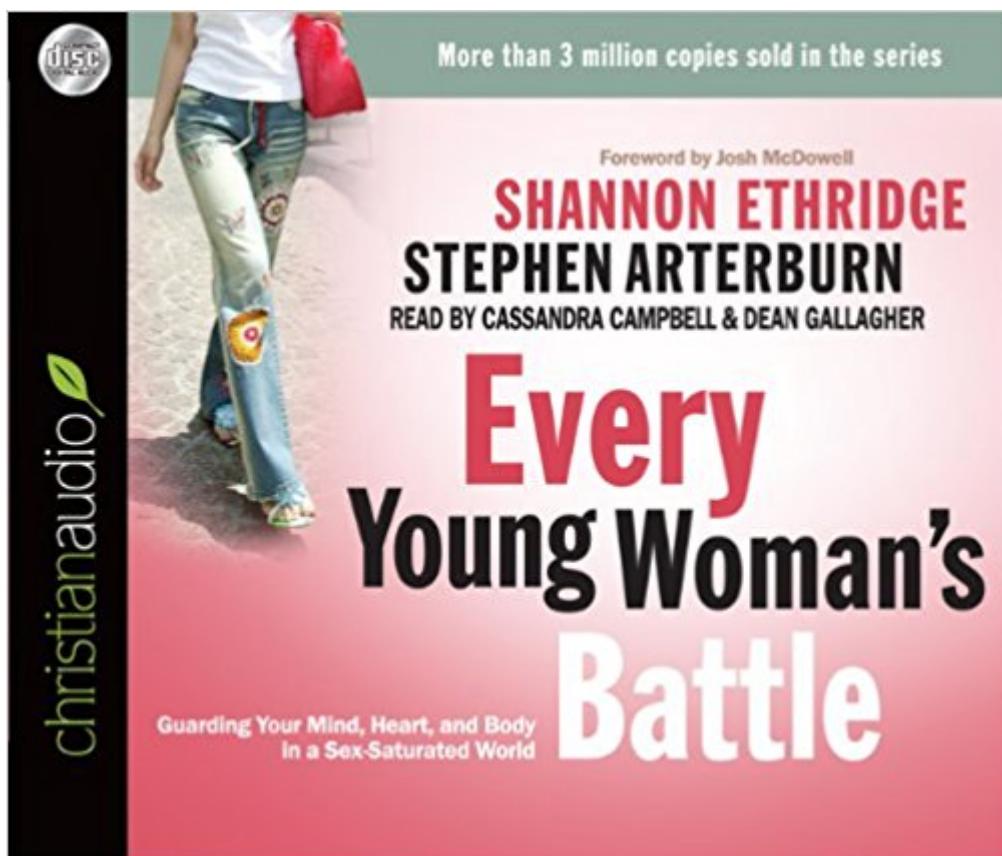


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# Every Young Woman's Battle: Guarding Your Mind, Heart, And Body In A Sex-Saturated World



## Synopsis

The world you live in promotes sex as the answer to just about everything. The pressure to go along with the crowd is greater than ever before, and it's easy to compromise in little ways that are a lot more harmful than they seem. You and your friends may become caught up in destructive relationships or sexual activities without even knowing how you got there. You just want to be normal—âœ to fit in, to be liked, to look attractive to the opposite sex. But are you paying too high a price? This counterpart to the award-winning Every Young Man's Battle can help you: learn how the sexual battle begins in your heart and mind— understand your hunger for attention from guys— recognize and avoid the potential pitfalls awaiting young women on the journey toward adulthood and possibly marriage— find out how the media, novels, fashion, internet chat rooms, and body and beauty obsessions influence your sexual choices--and what you can do about it— guard your mind, heart, and body against sexual and emotional compromise— develop a deeper, more satisfying level of intimacy with GodWhether you have so far protected yourself emotionally and sexually, feel that you've been robbed of your purity, or have given in to temptation in some way, this book can help you achieve or reclaim sexual integrity. It can also guide you through the temptations and pressures of young adulthood while demonstrating how you can live your life to the fullest—âœ without regrets.

## Book Information

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## Customer Reviews

I'm so grateful that Shannon decided to be as honest and real as she is that s the only way this book could be as powerful as it is.... God is going to heal in unbelievable ways through this potent

work of art and heart!... I can honestly say that this book has changed me because it gives a clear picture of who Jesus is, who we are as His bride, and why we can't seem to be satisfied with anything or anyone else. Bethany Dillon, songwriter and recording artist Like a steady IV drip, today's teenage girls get a message of confused and cheapened sexuality. They are desperate for reasons to guard and preserve themselves. Shannon Ethridge gives girls reasons in this relevant and readable book. Every young woman and every young woman's mother needs to read this book! Sharon Hersh, author of *Mom, I Feel Fat!* and *Mom, I Hate My Life!* A must-read for every teenage girl! Honest and informative, this book is not only highly readable with its true-to-life illustrations, but it's packed with answers for every sexual situation today's teens encounter. What a great antidote for the twisted sexual messages our pop-culture continues to dish out. Way to go, Shannon!

Melody Carlson, author of *Diary of a Teenage Girl* series and *Torch Red, Color Me Torn* Shannon writes with a direct, forthright style, yet she remains tactful and kind as she presents her balanced, godly teaching on dating and relationships. Without question, this is a must-read for any young woman who longs to remain pure in her relationship with God, and I suspect this book will very quickly become a staple of small-group studies. Fred Stoeker, coauthor of *Every Young Man's Battle* This book should be required reading for any teenage girl who has been exposed to the negative influences of the culture through media, music, movies, and fashion magazines. As someone who is in the trenches of ministry to teen girls, I appreciate Shannon's candid approach and her willingness to tackle some difficult topics facing our young women. She does a beautiful job of exposing the godless issues of the culture, while at the same time, offering godly solutions. Vicki Courtney, founder of Virtuous Reality Ministries and author of *Your Girl: Raising A Godly Daughter in an Ungodly World* This book is awesome! I will be buying it and reading it with teens that I mentor. I wish it had been available to me when I was a teen. Adrienne Freas, homemaker and Campus Crusade for Christ staff member --Review

Guys Aren't the Only Ones Fighting a Battle for Purity. The world you live in promotes sex as the answer to just about everything. The pressure to go along with the crowd is greater than ever before, and it's easy to compromise in little ways that are a lot more harmful than they seem. You and your friends may become caught up in destructive relationships or sexual activities without even knowing how you got there. You just want to be normal—âœto fit in, to be liked, to look attractive to the opposite sex. But are you paying too high a price? This counterpart to the award-winning *Every Young Man's Battle* can help you: learn how the sexual battle begins in your heart and mind— understand your hunger for attention from guys— recognize and avoid

the potential pitfalls awaiting young women on the journey toward adulthood and possibly marriage. Find out how the media, novels, fashion, internet chat rooms, and body and beauty obsessions influence your sexual choices and what you can do about it. Guard your mind, heart, and body against sexual and emotional compromise. Develop a deeper, more satisfying level of intimacy with God. Whether you have so far protected yourself emotionally and sexually, feel that you've been robbed of your purity, or have given in to temptation in some way, this book can help you achieve or reclaim sexual integrity. It can also guide you through the temptations and pressures of young adulthood while demonstrating how you can live your life to the fullest without regrets. --This text refers to an out of print or unavailable edition of this title.

Great book to take a straight forward, pull-no-punches look at the sexual battles that young women (and women) go through. I would recommend this book to church leaders, parents, and young women alike. Thank you for an open, honest, non-condemning look at what young women experience in their sexual lives and what God calls us to.

## EXCELLENT

great book

I bought this for my thirteen year old daughter who has battled with many sexual issues already. I, of course, started reading through it myself, first, to see if I thought it was appropriate for her to read. Although I tend to be more of a modest dresser (we go to a Mennonite church-but are not members) and disagree with the guidelines for appropriate dress guidelines, I loved the chapters titled "Proceeding with Caution" and "Knowing Where to Stop". I did not grow up in a Christian home and had a very skewed perception of dating, sexuality, appropriateness, ect. I was so blessed by these chapters. They are really helping to bring balance and healing to my belief system. I am so grateful for this book. Thanks for taking the time, Shannon, to write it. Sincerely.

I have been working with youth for 8 years. This book is an awesome resource for teen girls! I recommend they don't read it until they are high school age--not middle school-- as some content is mature. But it is a great way for girls to learn about remaining pure & stuff they don't want to hear from "grown-ups". I also suggest that Moms read it before giving it to their girls. Just in case they feel comfortable talking about it with you.

Book gives clear guidance for young girls on how to deal with sexual temptation and set boundaries. It is biblicaly based with morals and firm foundation.

Although a book like this is difficult to give to a young person, I was so glad that I did. It, pretty much, leaves out nothing. Very straight forward and to the point. No word mincing here. The "God's Design" element was perfect.

I really like how they talk about purity from all the different perspectives, not just the physical aspect. A must read for any young woman!!!!

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